



CLASS SCHEDULE

	All Ranks Ages 3-5	Ages 6-8 White-WhiteRed	Ages 9-12 White-WhiteRed	KIDS Yellow-OrangeGreen	KIDS Green-RedBlack	All Ages Bodan & Black	White-Bodan Teens & Adults	All Ranks Ages 18 & UP	Kumdo "The Way of the Sword" Ages 13 & UP	Conditioning Class Ages 11 & UP
MONDAY	3:30 or 4:30	4:00 or 5:30	4:45	3:45 or 5:00	3:00 or 6:15	2:45 or 6:00	-	NOON	-	-
TUESDAY	5:45	4:15	-	3:30 or 6:15	5:00	6:00 (Open Class)	7:00	8:00	-	-
WEDNESDAY	3:30 or 4:30	4:00 or 5:30	4:45	3:45 or 5:00	3:00 or 6:15	2:45 or 6:00	-	NOON	8:00	7:00
THURSDAY	3:15 or 5:45	4:15	6:15	3:30 or 4:30 or 6:15	3:45 or 5:00	5:15	7:00	8:00	-	-
FRIDAY	4:15	3:30	6:15	4:45	5:30		7:00		-	8:00
SATURDAY	10:00AM	10:30AM	10:30AM	11:15AM	12:45	9:00AM	9:00AM	9:00AM	1:30	-
SUNDAY	-	-	-	-	-	-	-	-	-	1:00

Family Class
Fridays 6:15 - 7:00

Family Class

Families that kick together,
stick together!

Tournament Class
Mondays 7:00-8:00

Weapons, Sparring
or Board Breaking
Saturdays 12:00- 12:45

HAPPY BIRTHDAY

Book Your Next Birthday Party

Saturday afternoons -
1.5 hrs of Non-stop **FUN!**

