

# January

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

28

29

30

31

1

2

3

• Sparring •

4

5

6

7

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10

11

12

13

14

15

16

17

Test week  
Sparring week

18

Open for MLK  
Day  
19

20

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24

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27

28

29

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31

Sparring week